

Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

Date of Assessment: 02/14/2025 Name of District: Talbot County Number of Schools in District: 1

Nutrition Education Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Promote healthy eating habits	Completed	1	We have balanced meals that include all food groups.
2. Encourage hydration	Completed	1	We have new cup-filled water fountains and also provide cups for the students.
3. Support lifelong healthy choices	Completed	1	
4. Choose an item.	Choose an item.		
5. Choose an item.	Choose an item.		
Nutrition Promotion Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Create a healthy eating environment	Completed	1	We introduce our students to the farm-to-school where they have access to fresh, local produce
2. Ensure healthy options are available in the cafeteria	Completed	1	
3. Use FFV Program to introduce students to new fruit & Vegetables	Completed	1	
4. Choose an item.	Choose an item.		
5. Choose an item.	Choose an item.		
Physical Activity Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Connect nutrition and physical activity	Completed	1	We are trying to teach students how healthy eating

education					
2. Promote active lunchtime and recess	Completed		1		fuels movement and performance in sports and academics by including posters.
3.	Choose an item.				Our students are encouraged to have recess after lunch to encourage physical activities.
4.	Choose an item.				
5.	Choose an item.				

Other School-Based Activities that Promote Student Wellness Goal(s):		Status (select one):	Number of Compliant Schools:	Notes:
1. School garden	Completed	Completed	1	
2. Farm to school programs	Completed	Completed	1	
3. FFV Program	Completed	Completed	1	
4.	Choose an item.	Choose an item.		
5.	Choose an item.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Sold to Students		Status (select one):	Number of Compliant Schools:	Notes:
1. Items must be smart snack approved	Completed	Completed	1	
2. Drinks sold must comply with the size limits for each grade	Completed	Completed	1	
3. All fundraisers snacks sold meets our nutrition requirements	Completed	Completed	1	
4.	Choose an item.	Choose an item.		
5.	Choose an item.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Not Sold to Students (i.e., classroom parties, foods given as reward)		Status (select one):	Number of Compliant Schools:	Notes:
1. Classroom snacks feature healthy choices	Completed	Completed	1	
2. Outside food is not permitted on campus	Completed	Completed	1	
3.	Choose an item.	Choose an item.		
4.	Choose an item.	Choose an item.		
5.	Choose an item.	Choose an item.		
Policies for Food and Beverage Marketing		Status (select one):	Number of Compliant Schools:	Notes:

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1. All food and beverages needs to be smart snack approved	Completed	1	
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Andrea Mahone	Nutrition Director, Central Elem/High School	
2. Tony Lamar	Coach, Central Elem/High School	
3.		
4.		
5.		
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. Willie Epps	Board of Alumni	
2. Shakiya Stevenson	Parent	
3. Johnathon Taylor	Principal	
4. Nurse Davis	School Nurse	
5. Mr. Teat	Coach	

Public Notices:
How often

	5	

KEY	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal

Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success and the areas the district wants to work on in the coming years. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

District Name: Talbot County

Date: 02/14/2025

		Yes/No	Comments
1	Policy contains specific language regarding nutrition	Yes	

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	education.			
2	Policy contains specific language regarding nutrition promotion.	Yes		
3	Policy contains specific language regarding physical activity as part of health education.	Yes		
4	Policy contains specific language regarding increased student activity including physical activity breaks, active academics, and before and after school activities.	Yes		
5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes		
6	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	Yes		
7	Policy contains specific language regarding nutrition requirements established by local, state, and federal regulations.	Yes		
8	Policy contains specific language regarding competitive foods and beverages.	Yes		
9	Policy contains specific language regarding food use in celebrations and rewards.	Yes		
10	Policy contains specific language regarding fundraising guidelines.	Yes		
11	Policy contains specific language regarding food and beverage marketing in schools.	Yes		
12	Policy contains specific language regarding water availability and promotion.	Yes		
13	Policy contains specific language regarding promotion of healthy food and beverages.	Yes		
14	Policy contains specific language regarding staff qualifications and professional development.	Yes		
15	Policy contains specific language regarding community involvement, including outreach and communication	Yes		

	to the community.		
16	School Food Authority (SFA) has convened a Wellness Committee.	Yes	
17	Wellness committee meets at least 4 times per year.	Yes	
18	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	Yes	
19	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Yes	
20	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Yes	
21	SFA has retained records that document compliance with policy requirements.	Yes	
22	SFA annually informs families and the public of basic policy information. Information includes policy content, updates, and implementation status.	Yes	
23	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, determine plans for the evaluation.	Yes	
24	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy?	Yes	